

## Sprint, Gesamt (alle Wertungsklassen)

Platz_Ges	Wertung	Platz_WK	Teamname	SNr	Vorname 1	Nachname 1	AK 1	Vorname 2	Nachname 2	AK 2	swim	t1	run&bike	Gesamt
1	SH	1	TSV Andernent FH	42	Fabian	Hopfe	MJA	Hanno	Stetefeld	MJA	12:31 (0:55, 1:12, 1:14, 1:16, 1:16, 1:18, 1:17, 1:19, 1:14, 1:30)	1:18	39:52 (19:39, 19:08, 1:05)	53:41
2	SH	2	TSV Andernent PE	41	Philipp	Kumann	MH	Eike	Rossa	MJA	13:26 (1:00, 1:17, 1:24, 1:22, 1:26, 1:20, 1:24, 1:22, 1:26, 1:25)	1:50	40:22 (20:01, 19:17, 1:04)	55:38
3	SD	1	Uschi's Zwei	31	Elida	Cabalar	W35	Mareike	Klisch	W35	15:08 (1:12, 1:24, 1:31, 1:32, 1:32, 1:34, 1:34, 1:34, 1:32, 1:43)	1:11	39:52 (19:30, 19:16, 1:06)	56:11
4	SM	1	Fredje	18	Frederik	Eden	MH	Minje	Jüttner	WH	15:10 (1:06, 1:28, 1:25, 1:43, 1:21, 1:38, 1:31, 1:39, 1:34, 1:45)	1:23	40:01 (19:22, 19:24, 1:15)	56:34
5	SD	2	Catch us if you can	34	Marit	Glammeier	WH	Milena	Protte	WH	14:59 (1:13, 1:22, 1:37, 1:26, 1:40, 1:23, 1:43, 1:26, 1:41, 1:28)	1:38	41:41 (20:12, 20:14, 1:15)	58:18
6	SM	2	Buffetfresen	3	Björn	Wüsteney	M35	Maren	Wüsteney	W35	13:40 (1:07, 1:13, 1:29, 1:18, 1:29, 1:23, 1:27, 1:22, 1:28, 1:24)	1:25	43:48 (20:55, 21:32, 1:21)	58:53
7	SM	3	96 Mixed	49	Fin	Schwedes	MH	Svenja	Markowski	WH	15:27 (1:18, 1:19, 1:40, 1:26, 1:44, 1:29, 1:45, 1:28, 1:45, 1:33)	0:58	43:37 (21:09, 21:20, 1:08)	1:00:02
8	SM	4	Butterblume	7	Svenja Nike	Hoffmann	WH	Janick	Birkemeyer	M30	13:40 (1:03, 1:15, 1:25, 1:18, 1:29, 1:24, 1:28, 1:25, 1:28, 1:25)	2:10	44:19 (22:11, 20:59, 1:09)	1:00:09
9	SM	5	S.O. und nicht anders!	23	Ole	Tetzlaff	MH	Sina	Falke	WH	15:29 (1:06, 1:46, 1:21, 1:51, 1:20, 1:48, 1:21, 1:49, 1:19, 1:48)	2:45	42:31 (20:53, 20:26, 1:12)	1:00:45
10	SM	6	Tapir	6	Martin	Ellmers	M35	Lisa	Ellmers	W30	13:39 (0:56, 1:19, 1:17, 1:26, 1:21, 1:31, 1:22, 1:31, 1:23, 1:33)	1:20	45:53 (22:44, 21:52, 1:17)	1:00:52
11	SM	7	Pummeluff und Schiggy	22	Luka Pauline	Sackmann	W30	Hannes	Schmidt	M35	15:22 (1:19, 1:27, 1:34, 1:30, 1:38, 1:30, 1:43, 1:30, 1:38, 1:33)	1:18	44:16 (21:53, 21:13, 1:10)	1:00:56
12	SH	3	Wenn der Vater mit dem Sohne	45	Jonathan	Monecke	MH	Lars	Monecke	M50	17:31 (1:10, 1:49, 1:32, 1:59, 1:36, 2:02, 1:36, 2:06, 1:35, 2:06)	1:37	41:57 (20:50, 20:06, 1:01)	1:01:05
13	SM	8	Inklusion	13	Tina	Deeken	W45	Francisco Garci	Cabanillas	M50	16:03 (1:17, 1:30, 1:37, 1:42, 1:39, 1:36, 1:40, 1:37, 1:38, 1:47)	2:19	43:12 (21:13, 20:50, 1:09)	1:01:34
14	SM	9	No Name	9	Sophie	Prause	WH	Sven	Aufderheide	MH	17:44 (1:07, 1:53, 1:31, 2:05, 1:37, 2:07, 1:37, 2:04, 1:41, 2:02)	1:52	42:04 (20:51, 20:01, 1:12)	1:01:40
15	SM	10	Wieder aufgewärmt	20	Rebekka	Jakob	W40	Konstantin	Jakob	M40	16:44 (1:31, 1:17, 1:51, 1:29, 1:57, 1:34, 1:53, 1:36, 1:51, 1:45)	1:16	44:02 (22:00, 20:53, 1:09)	1:02:02
16	SM	11	Das dynamische Duo	12	Kerstin	Jansen	W50	Michael	Kreitz	M60	17:15 (1:21, 1:39, 1:37, 1:46, 1:39, 1:56, 1:40, 1:58, 1:41, 1:58)	1:30	43:59 (21:48, ---, 22:11)	1:02:44
17	SH	4	Cordes, guten Tach!	40	Lutz	Cordes	M50	Theo	Cordes	MH	15:51 (1:17, 1:37, 1:35, 1:36, 1:37, 1:37, 1:39, 1:39, 1:41)	1:49	45:46 (22:45, 21:50, 1:11)	1:03:26
18	SD	3	TeamGeist	26	Susanne	Tetzlaff	W45	Minka	Kudraß	W50	17:04 (1:13, 1:54, 1:30, 1:58, 1:28, 1:57, 1:30, 1:59, 1:38, 1:57)	2:09	44:31 (21:37, 21:35, 1:19)	1:03:44
19	SH	5	Beastie Boys	48	Jens	Emmrich	M50	Frank	Billert	M55	17:20 (1:20, 1:40, 1:45, 1:42, 1:48, 1:46, 1:50, 1:47, 1:54, 1:48)	2:04	44:26 (21:35, 21:31, 1:20)	1:03:50
20	SH	6	Agegrupper	35	Dirk	Bockisch	M55	Stephan	Fabig	M55	16:32 (1:27, 1:24, 1:46, 1:31, 1:46, 1:35, 1:49, 1:39, 1:51, 1:44)	2:10	45:55 (22:46, 21:53, 1:16)	1:04:37
21	SM	12	Dad & Daughter	19	Jette	Ahrens	WH	Jörg	Ahrens	M45	15:01 (1:03, 1:20, 1:40, 1:27, 1:41, 1:26, 1:43, 1:26, 1:45, 1:30)	1:48	48:45 (24:24, 23:01, 1:20)	1:05:34
22	SH	7	Run For Cake	46	Jochen	Stephan	M60	Ingo	Renner	M55	15:35 (1:08, 1:31, 1:38, 1:32, 1:44, 1:33, 1:43, 1:33, 1:42, 1:31)	2:13	47:56 (23:26, 23:15, 1:15)	1:05:44
23	SH	8	Stark am Glas	37	Stefan	Leunig	M45	Alexander	Luft	M45	15:32 (1:21, 1:22, 1:39, 1:27, 1:42, 1:32, 1:42, 1:28, 1:46, 1:33)	2:27	48:01 (23:35, 23:05, 1:21)	1:06:00
24	SM	13	Marley	1	Jonathhan	Marley	M35	Lya	Grossmass	W35	19:00 (1:26, 1:50, 1:49, 1:59, 1:55, 2:00, 1:55, 2:04, 1:59, 2:03)	2:00	45:07 (21:47, 21:56, 1:24)	1:06:07
25	SH	9	Die legendären Zwei	44	Andreas	Selinger	M45	Stephan	Corwin	M40	16:10 (1:20, 1:22, 1:57, 1:24, 1:49, 1:30, 1:53, 1:31, 1:55, 1:29)	2:18	48:47 (23:49, 23:46, 1:12)	1:07:15
26	SM	14	MaHacel	17	Justus	Wildhagen	M30	Hannah	Marahrens	W30	17:58 (1:22, 1:29, 1:55, 1:45, 1:54, 1:54, 1:55, 1:53, 1:52, 1:59)	3:50	46:13 (23:15, 21:40, 1:18)	1:08:01
27	SD	4	Die Gesundheitsportlerinnen	28	Nicole	Buron	W50	Britta	Kersten	W50	16:55 (1:13, 1:46, 1:34, 1:51, 1:36, 1:52, 1:35, 1:55, 1:36, 1:57)	1:58	49:34 (24:19, 23:54, 1:21)	1:08:27
28	SD	5	Trödelstussis	32	Nina	Olta	W50	Olga	Forst	W45	19:32 (1:31, 1:59, 1:47, 2:12, 1:45, 2:16, 1:51, 2:12, 1:49, 2:10)	2:10	47:44 (23:22, 22:53, 1:29)	1:09:26
29	SM	15	Kuppel Couple	21	Frauke	Albrecht	W55	Jens	Pludra	M50	19:44 (1:32, 1:46, 1:58, 2:01, 2:06, 2:00, 2:09, 1:59, 2:09, 2:04)	1:44	47:59 (23:39, 23:07, 1:13)	1:09:27
30	SM	16	Muddybuddy	8	Manuela	Mohr	W40	Martin	Schutter	M45	19:01 (1:31, 1:37, 2:02, 1:52, 2:05, 1:54, 2:06, 1:54, 2:06, 1:54)	1:57	48:43 (23:54, 23:38, 1:11)	1:09:41
31	SM	17	Die NIE-Schwimmer	25	Michael	Gärtner	M50	Karin	Moser	W50	22:59 (2:03, 1:43, 2:47, 2:33, 2:05, 2:38, 2:05, 2:32, 2:12, 2:21)	2:48	44:09 (21:54, 21:01, 1:14)	1:09:56
32	SD	6	The cycling Mermaids	29	Isabell	Schwenkert	W45	Unda	Karlshaus	W55	19:14 (2:05, 1:35, 2:14, 1:41, 2:11, 1:42, 2:12, 1:40, 2:10, 1:44)	1:56	49:02 (23:58, 23:41, 1:23)	1:10:12
33	SM	18	RW Racing-Team	10	Ralf	Weier	M60	Silke	Weier	W60	14:44 (1:15, 1:17, 1:42, 1:20, 1:41, 1:23, 1:39, 1:21, 1:43, 1:23)	2:51	54:11 (27:24, 25:27, 1:20)	1:11:46
34	SD	7	Girls just wanna have fun	30	Katja	König	W50	Nicola	Krüger	W55	19:15 (1:50, 1:44, 2:03, 1:45, 2:06, 1:48, 2:10, 1:47, 2:13, 1:49)	2:30	50:03 (24:10, 24:27, 1:26)	1:11:48
35	SH	10	Die Mandalorianer	43	Luc	Kistenmacher	MH	Vincent	Brockmann	MH	20:41 (1:30, 2:04, 1:53, 2:12, 1:56, 2:18, 2:01, 2:21, 2:03, 2:23)	4:24	47:18 (23:56, 22:03, 1:19)	1:12:23
36	SM	19	Mama ist stolz	15	Martin	Beßling	M40	Anke	Beßling	W35	21:18 (2:08, 1:42, 2:35, 1:48, 2:27, 1:56, 2:23, 1:56, 2:25, 1:58)	2:11	49:06 (24:03, 23:39, 1:24)	1:12:35
37	SD	8	Jung, dynamisch und erfolglos	27	Lara	Wesche	WH	Geeske	Stelljes	WH	17:18 (1:27, 1:43, 1:44, 1:47, 1:39, 1:51, 1:43, 1:54, 1:45, 1:45)	3:35	52:00 (25:26, 25:08, 1:26)	1:12:53
38	SD	9	Quick and dirty	50	Marie	Mehrtens	WH	Tia	Kistenmacher	WH	18:30 (1:07, 2:04, 1:30, 2:16, 1:31, 2:24, 1:29, 2:22, 1:30, 2:17)	3:19	57:09 (28:04, 27:45, 1:20)	1:18:58
39	SM	20	Relaxo + Plinfa	11	Thomas	Krause	M55	Finja	Maasjost	WH	21:22 (1:18, 1:52, 1:38, 2:58, 1:42, 2:51, 1:47, 2:47, 1:48, 2:41)	2:45	57:51 (28:23, 27:56, 1:32)	1:21:58
40	SM	21	Amphibienfisch	24	Ilka	Peitz	WH	Lennart	Peitz	MH	25:47 (1:57, 2:13, 2:17, 3:16, 2:18, 3:22, 2:17, 3:15, 2:22, 2:30)	2:19	53:56 (28:29, 24:18, 1:09)	1:22:02
41	SD	10	Die Hansis	33	Theresa	Johannsen	W30	Hille	Hansemann	WH	24:16 (2:05, 2:19, 2:30, 2:25, 2:33, 2:28, 2:30, 2:30, 2:28, 2:28)	2:12	58:04 (28:13, 28:25, 1:26)	1:24:32
42	SM	22	Südstadt meets Kleefeld	16	Burkhard	Liman	M55	Sandra	Michaelis	W40	23:40 (2:07, 1:55, 2:29, 2:24, 2:22, 2:29, 2:27, 2:30, 2:21, 2:36)	2:35	1:05:29 (32:43, 31:17, 1:29)	1:31:44
43	SH	11	Zwei ritten zu dritt	5	Daniel	Arcati	M50	Stephan	Lehmann	M50	23:39 (1:46, 2:20, 2:02, 2:41, 2:07, 2:48, 2:06, 2:49, 2:07, 2:53)	2:38	1:05:49 (32:28, 31:45, 1:36)	1:32:06
44	SM	23	Schnecken-Express	14	Lisa	Damaske	W30	Lennart	Damaske	M30	25:02 (1:36, 2:26, 2:33, 2:51, 2:22, 3:03, 2:21, 2:57, 2:06, 2:47)	3:22	1:06:22 (34:33, 30:27, 1:22)	1:34:46
45	SM	24	Omi und Opi reloaded	4	Andrea	Schramm	W60	Eckhart	Kaltofen	M80	26:58 (2:35, 2:25, 2:58, 2:33, 2:59, 2:32, 2:56, 2:30, 2:59, 2:31)	3:15	1:06:19 (32:54, 31:35, 1:50)	1:36:32

## Damen-Staffel 'Sprint'

Platz	Wertung	Platz_Ges.	Teamname	SNr	Vorname 1	Nachname 1	AK 1	Vorname 2	Nachname 2	AK 2	swim	t1	run&bike	Gesamt
1	SD	3	Uschi's Zwei	31	Elida	Cabalar	W35	Mareike	Klisch	W35	15:08 (1:12, 1:24, 1:31, 1:32, 1:32, 1:34, 1:34, 1:34, 1:32, 1:43)	1:11	39:52 (19:30, 19:16, 1:06)	56:11
2	SD	5	Catch us if you can	34	Marit	Glammeier	WH	Milena	Protte	WH	14:59 (1:13, 1:22, 1:37, 1:26, 1:40, 1:23, 1:43, 1:26, 1:41, 1:28)	1:38	41:41 (20:12, 20:14, 1:15)	58:18

3	SD	18	TeamGeist	26	Susanne	Tetzlaff	W45	Minka	Kudraß	W50	17:04 (1:13, 1:54, 1:30, 1:58, 1:28, 1:57, 1:30, 1:59, 1:38, 1:57)	2:09	44:31 (21:37, 21:35, 1:19)	1:03:44
4	SD	27	Die Gesundheitssportlerinnen	28	Nicole	Buron	W50	Britta	Kersten	W50	16:55 (1:13, 1:46, 1:34, 1:51, 1:36, 1:52, 1:35, 1:55, 1:36, 1:57)	1:58	49:34 (24:19, 23:54, 1:21)	1:08:27
5	SD	28	TrödelTussis	32	Nina	Ott	W50	Olga	Forst	W45	19:32 (1:31, 1:59, 1:47, 2:12, 1:45, 2:16, 1:51, 2:12, 1:49, 2:10)	2:10	47:44 (23:22, 22:53, 1:29)	1:09:26
6	SD	32	The cycling Mermaids	29	Isabell	Schwenkert	W45	Unda	Karlishaus	W55	19:14 (2:05, 1:35, 2:14, 1:41, 2:11, 1:42, 2:12, 1:40, 2:10, 1:44)	1:56	49:02 (23:58, 23:41, 1:23)	1:10:12
7	SD	34	Girls just wanna have fun	30	Katja	König	W50	Nicola	Krüger	W55	19:15 (1:50, 1:44, 2:03, 1:45, 2:06, 1:48, 2:10, 1:47, 2:13, 1:49)	2:30	50:03 (24:10, 24:27, 1:26)	1:11:48
8	SD	37	Jung, dynamisch und erfolglos	27	Lara	Wesche	WH	Geeske	Stelljes	WH	17:18 (1:27, 1:43, 1:44, 1:47, 1:39, 1:51, 1:43, 1:54, 1:45, 1:45)	3:35	52:00 (25:26, 25:08, 1:26)	1:12:53
9	SD	38	Quick and dirty	50	Marie	Mehrtens	WH	Tia	Kistenmacher	WH	18:30 (1:07, 2:04, 1:30, 2:16, 1:31, 2:24, 1:29, 2:22, 1:30, 2:17)	3:19	57:09 (28:04, 27:45, 1:20)	1:18:58
10	SD	41	Die Hansis	33	Theresa	Johannsen	W30	Hille	Hansemann	WH	24:16 (2:05, 2:19, 2:30, 2:25, 2:33, 2:28, 2:30, 2:30, 2:28, 2:28)	2:12	58:04 (28:13, 28:25, 1:26)	1:24:32

## Herren-Staffel 'Sprint'

Platz	Wertung	Platz, Ges.	Teamname	SNr	Vorname 1	Nachname 1	AK 1	Vorname 2	Nachname 2	AK 2	swim	t1	run&bike	Gesamt
1	SH	1	TSV Anderten FH	42	Fabian	Hopfe	MJA	Hanno	Stetefeld	MJA	12:31 (0:55, 1:12, 1:14, 1:16, 1:16, 1:18, 1:17, 1:19, 1:14, 1:30)	1:18	39:52 (19:39, 19:08, 1:05)	53:41
2	SH	2	TSV Anderten PE	41	Philipp	Kumann	MH	Eike	Rossa	MJA	13:26 (1:00, 1:17, 1:24, 1:22, 1:26, 1:20, 1:24, 1:22, 1:26, 1:25)	1:50	40:22 (20:01, 19:17, 1:04)	55:38
3	SH	12	Wenn der Vater mit dem Sohne	45	Jonathan	Monecke	MH	Lars	Monecke	M50	17:31 (1:10, 1:49, 1:32, 1:59, 1:36, 2:02, 1:36, 2:06, 1:35, 2:06)	1:37	41:57 (20:50, 20:06, 1:01)	1:01:05
4	SH	17	Cordes, guten Tach!	40	Lutz	Cordes	M50	Theo	Cordes	MH	15:51 (1:17, 1:37, 1:33, 1:35, 1:36, 1:37, 1:37, 1:39, 1:39, 1:41)	1:49	45:46 (22:45, 21:50, 1:11)	1:03:26
5	SH	19	Beastie Boys	48	Jens	Emmrich	M50	Frank	Billert	M55	17:20 (1:20, 1:40, 1:45, 1:42, 1:48, 1:46, 1:50, 1:47, 1:54, 1:48)	2:04	44:26 (21:35, 21:31, 1:20)	1:03:50
6	SH	20	Agegrupper	35	Dirk	Bockisch	M55	Stephan	Fabig	M55	16:32 (1:27, 1:24, 1:46, 1:31, 1:46, 1:35, 1:49, 1:39, 1:51, 1:44)	2:10	45:55 (22:46, 21:53, 1:16)	1:04:37
7	SH	22	Run For Cake	46	Jochen	Stephan	M60	Ingo	Renner	M55	15:35 (1:08, 1:31, 1:38, 1:32, 1:44, 1:33, 1:43, 1:33, 1:42, 1:31)	2:13	47:56 (23:26, 23:15, 1:15)	1:05:44
8	SH	23	Stark am Glas	37	Stefan	Leunig	M45	Alexander	Luft	M45	15:32 (1:21, 1:22, 1:39, 1:27, 1:42, 1:32, 1:42, 1:28, 1:46, 1:33)	2:27	48:01 (23:35, 23:05, 1:21)	1:06:00
9	SH	25	Die legendären Zwei	44	Andreas	Selinger	M45	Stephan	Corwin	M40	16:10 (1:20, 1:22, 1:57, 1:24, 1:49, 1:30, 1:53, 1:31, 1:55, 1:29)	2:18	48:47 (23:49, 23:46, 1:12)	1:07:15
10	SH	35	Die Mandalorianer	43	Luc	Kistenmacher	MH	Vincent	Brockmann	MH	20:41 (1:30, 2:04, 1:53, 2:12, 1:56, 2:18, 2:01, 2:21, 2:03, 2:23)	4:24	47:18 (23:56, 22:03, 1:19)	1:12:23
11	SH	43	Zwei ritten zu dritt	5	Daniel	Arcati	M50	Stephan	Lehmann	M50	23:39 (1:46, 2:20, 2:02, 2:41, 2:07, 2:48, 2:06, 2:49, 2:07, 2:53)	2:38	1:05:49 (32:28, 31:45, 1:36)	1:32:06

## Mixed-Staffel 'Sprint'

Platz	Wertung	Platz, Ges.	Teamname	SNr	Vorname 1	Nachname 1	AK 1	Vorname 2	Nachname 2	AK 2	swim	t1	run&bike	Gesamt
1	SM	4	Fredje	18	Frederik	Eden	MH	Minje	Jüttner	WH	15:10 (1:06, 1:28, 1:25, 1:43, 1:21, 1:38, 1:31, 1:39, 1:34, 1:45)	1:23	40:01 (19:22, 19:24, 1:15)	56:34
2	SM	6	Buffetfresen	3	Björn	Wüstenej	M35	Maren	Wüstenej	W35	13:40 (1:07, 1:13, 1:29, 1:18, 1:29, 1:23, 1:27, 1:22, 1:28, 1:24)	1:25	43:48 (20:55, 21:32, 1:21)	58:53
3	SM	7	96 Mixed	49	Fin	Schwedes	MH	Svenja	Markowski	WH	15:27 (1:18, 1:19, 1:40, 1:26, 1:44, 1:29, 1:45, 1:28, 1:45, 1:33)	0:58	43:37 (21:09, 21:20, 1:08)	1:00:02
4	SM	8	Butterblume	7	Svenja Nike	Hoffmann	WH	Janick	Birkemeyer	M30	13:40 (1:03, 1:15, 1:25, 1:18, 1:29, 1:24, 1:28, 1:25, 1:28, 1:25)	2:10	44:19 (22:11, 20:59, 1:09)	1:00:09
5	SM	9	S.O. und nicht anders!	23	Ole	Tetzlaff	MH	Sina	Falke	WH	15:29 (1:06, 1:46, 1:21, 1:51, 1:20, 1:48, 1:21, 1:49, 1:19, 1:48)	2:45	42:31 (20:53, 20:26, 1:12)	1:00:45
6	SM	10	Tapir	6	Martin	Ellmers	M35	Lisa	Ellmers	W30	13:39 (0:56, 1:19, 1:17, 1:26, 1:21, 1:31, 1:22, 1:31, 1:23, 1:33)	1:20	45:53 (22:44, 21:52, 1:17)	1:00:52
7	SM	11	Pummeluff und Schiggy	22	Luka Pauline	Sackmann	W30	Hannes	Schmidt	M35	15:22 (1:19, 1:27, 1:34, 1:30, 1:38, 1:30, 1:43, 1:30, 1:38, 1:33)	1:18	44:16 (21:53, 21:13, 1:10)	1:00:56
8	SM	13	Inklusion	13	Tina	Deeken	W45	Francisco Garci	Cabanillas	M50	16:03 (1:17, 1:30, 1:37, 1:42, 1:39, 1:36, 1:40, 1:37, 1:38, 1:47)	2:19	43:12 (21:13, 20:50, 1:09)	1:01:34
9	SM	14	No Name	9	Sophie	Prause	WH	Sven	Aufderheide	MH	17:44 (1:07, 1:53, 1:31, 2:05, 1:37, 2:07, 1:37, 2:04, 1:41, 2:02)	1:52	42:04 (20:51, 20:01, 1:12)	1:01:40
10	SM	15	Wieder aufgewärmt	20	Rebekka	Jakob	W40	Konstantin	Jakob	M40	16:44 (1:31, 1:17, 1:51, 1:29, 1:57, 1:34, 1:53, 1:36, 1:51, 1:45)	1:16	44:02 (22:00, 20:53, 1:09)	1:02:02
11	SM	16	Das dynamische Duo	12	Kerstin	Jansen	W50	Michael	Kreitz	M60	17:15 (1:21, 1:39, 1:37, 1:46, 1:39, 1:56, 1:40, 1:58, 1:41, 1:58)	1:30	43:59 (21:48, --, 22:11)	1:02:44
12	SM	21	Dad & Daughter	19	Jette	Ahrens	WH	Jörg	Ahrens	M45	15:01 (1:03, 1:20, 1:40, 1:27, 1:41, 1:26, 1:43, 1:26, 1:45, 1:30)	1:48	48:45 (24:24, 23:01, 1:20)	1:05:34
13	SM	24	Marley	1	Jonathan	Marley	M35	Lya	Grossmass	W35	19:00 (1:26, 1:50, 1:49, 1:59, 1:55, 2:00, 1:55, 2:04, 1:59, 2:03)	2:00	45:07 (21:47, 21:56, 1:24)	1:06:07
14	SM	26	MaHacel	17	Justus	Wildhagen	M30	Hannah	Marahrens	W30	17:58 (1:22, 1:29, 1:55, 1:45, 1:54, 1:54, 1:55, 1:53, 1:52, 1:59)	3:50	46:13 (23:15, 21:40, 1:18)	1:08:01
15	SM	29	Kuppel Couple	21	Frauke	Albrecht	W55	Jens	Pludra	M50	19:44 (1:32, 1:46, 1:58, 2:01, 2:06, 2:00, 2:09, 1:59, 2:09, 2:04)	1:44	47:59 (23:39, 23:07, 1:13)	1:09:27
16	SM	30	Muddybuddy	8	Manuela	Mohr	W40	Martin	Schütter	M45	19:01 (1:31, 1:37, 2:02, 1:52, 2:05, 1:54, 2:06, 1:54, 2:06, 1:54)	1:57	48:43 (23:54, 23:38, 1:11)	1:09:41
17	SM	31	Die NIE-Schwimmer	25	Michael	Gärtner	M50	Karin	Moser	W50	22:59 (2:03, 1:43, 2:47, 2:33, 2:05, 2:38, 2:05, 2:32, 2:12, 2:21)	2:48	44:09 (21:54, 21:01, 1:14)	1:09:56
18	SM	33	RW Racing-Team	10	Ralf	Weier	M60	Silke	Weier	W60	14:44 (1:15, 1:17, 1:42, 1:20, 1:41, 1:23, 1:39, 1:21, 1:43, 1:23)	2:51	54:11 (27:24, 25:27, 1:20)	1:11:46
19	SM	36	Mama ist stolz	15	Martin	Beßling	M40	Anke	Beßling	W35	21:18 (2:08, 1:42, 2:35, 1:48, 2:27, 1:56, 2:23, 1:56, 2:25, 1:58)	2:11	49:06 (24:03, 23:39, 1:24)	1:12:35
20	SM	39	Relaxo + Plinfa	11	Thomas	Krause	M55	Finja	Maasjost	WH	21:22 (1:18, 1:52, 1:38, 2:58, 1:42, 2:51, 1:47, 2:47, 1:48, 2:41)	2:45	57:51 (28:23, 27:56, 1:32)	1:21:58
21	SM	40	Amphibienfisch	24	Ilka	Peitz	WH	Lennart	Peitz	MH	25:47 (1:57, 2:13, 2:17, 3:16, 2:18, 3:22, 2:17, 3:15, 2:22, 2:30)	2:19	53:56 (28:29, 24:18, 1:09)	1:22:02
22	SM	42	Südstadt meets Kleefeld	16	Burkhard	Liman	M55	Sandra	Michaelis	W40	23:40 (2:07, 1:55, 2:29, 2:24, 2:22, 2:29, 2:27, 2:30, 2:21, 2:36)	2:35	1:05:29 (32:43, 31:17, 1:29)	1:31:44
23	SM	44	Schnecken-Express	14	Lisa	Damaske	W30	Lennart	Damaske	M30	25:02 (1:36, 2:26, 2:33, 2:51, 2:22, 3:03, 2:21, 2:57, 2:06, 2:47)	3:22	1:06:22 (34:33, 30:27, 1:22)	1:34:46
24	SM	45	Omi und Opi reloaded	4	Andrea	Schramm	W60	Eckhart	Kaltofen	M80	26:58 (2:35, 2:25, 2:58, 2:33, 2:59, 2:32, 2:56, 2:30, 2:59, 2:31)	3:15	1:06:19 (32:54, 31:35, 1:50)	1:36:32